

AMERICAN KARATE STUDIO
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MON	TUES	WED	THUR	FRI	SAT
4:30PM KIDS-GRN/BL/PUR FORM, SELF- DEFENSE (MR. MAROTTA)			4:30pm KIDS- RED/BRN/BLK FORM, WEAPONS (MR. BALFANZ)		9:10am KIDS & FAMILIES WHITE/GOLD (MAROTTA)
5:10pm KIDS- RED/BRN/BLK FORM, WEAPONS (MAROTTA)	5:05pm KIDS- GREEN-BLACK FORM, SPARRING (MAROTTA)	5:05pm KIDS- GREEN-BLACK FORM, SPARRING (MAROTTA)	5:10pm KIDS- GRN/BL/PUR FORM, SELF- DEFENSE (BALFANZ)		9:50am KIDS-GREEN/ BLUE/PURPLE FORM, SPAR, SELF-DEF (MAROTTA)
5:50pm KIDS-WHITE & GOLD (MAROTTA)	5:50pm ALL ADULTS- FORM, SPAR 1-STEPS (MAROTTA)	5:50pm KIDS-WHITE & GOLD (MAROTTA)	5:50pm ALL ADULTS- FORM, WPNS 1-STEPS (BALFANZ)	6-6:45pm KIDS/ADULTS FAMILIES ALL BELTS (WOOSLEY)	10:30am KIDS-RED THRU BLACK FM, WPN, SPAR (MR. HODGE)
6:40pm-7:30 ALL ADULTS FORM, WPNS 1-STEPS (MAROTTA)	6:40-7:20pm KIDS/FAMILIES WHITE/GOLD (MAROTTA)	6:40-7:30pm ADULTS- GREEN & UP SPARRING (MAROTTA)	6:40-7:20pm KIDS/FAMILIES WHITE/GOLD (BALFANZ)		11:10-NOON ALL ADULTS- FORM, SPAR 1-STEPS (MAROTTA)

WINTER SCHEDULE BEGINS MONDAY JAN 24TH, 2011